



UNITED STATES DISTRICT COURT  
EASTERN DISTRICT OF VIRGINIA  
ALEXANDRIA DIVISION

GILDA HAGAN-BROWN

Plaintiff,

v.

ELI LILLY AND COMPANY, an Indiana  
corporation,

Defendant.

No. 1:14cv1614 AJT/JFA  
**COMPLAINT**

**INTRODUCTION**

1. Cymbalta (generically known as duloxetine) is a prescription antidepressant manufactured, marketed and sold by Defendant Eli Lilly and Company ("Lilly"). This civil action alleges personal injuries and damages Plaintiff suffered as a result of Lilly's failure to provide adequate instructions for stopping Cymbalta and an adequate warning that fully and accurately informed Plaintiff about the frequency, severity, and/or duration of symptoms associated with Cymbalta withdrawal. In addition, Plaintiff alleges that Lilly defectively designed Cymbalta pills as delayed-release capsules with beads available only in 20, 30 and 60 mg doses, with a label that instructs users that the drug "should be swallowed whole and should not be chewed or crushed, nor the capsule be opened and its contents be sprinkled on food or mixed with liquids." Lilly's design (delayed-release capsules with beads available only in 20, 30 and 60 mg doses) and accompanying instructions (Cymbalta should be "gradually tapered," but should only be "swallowed whole") prevented Plaintiff from properly tapering off of the drug.

**PARTIES**

2. Plaintiff Gilda Hagan-Brown is, and at all times relevant to this Complaint was, a citizen of the State of Virginia and resident Prince William County.



1 touting it as the first “Selective Serotonin Reuptake Inhibitor” (“SSRI”). SSRIs are a class of  
2 antidepressant drugs that have been promoted as increasing the brain chemical serotonin in the synaptic  
3 clefts between the neurons in the brain. Prozac became extremely popular in the 1990s and was the top-  
4 selling antidepressant of its kind. Prozac’s patent expired in August 2001, leading to a proliferation of  
5 generic versions of the drug.  
6

7 10. In 2001, Lilly needed to fill the void left behind by Prozac’s patent expiration, and so it  
8 sought approval by the Food and Drug Administration (“FDA”) for its next patented antidepressant,  
9 Cymbalta. Cymbalta belongs to a class of antidepressants known as “Serotonin and Norepinephrine  
10 Reuptake Inhibitors” (“SNRIs”). SNRIs are similar to SSRIs, but in addition to blocking the absorption  
11 of serotonin, SNRIs are thought to block the absorption of another neurotransmitter, norepinephrine,  
12 thereby increasing the levels of both serotonin and norepinephrine in the brain. These drugs are  
13 promoted as treatments for pain as well as depression.  
14

15 11. The FDA initially rejected Lilly’s application in 2003 for approval of Cymbalta due to  
16 certain violations of good manufacturing practices and the risk of liver toxicity apparent in the drug’s  
17 safety profile.

18 12. Eventually, in 2004, the FDA approved Cymbalta with a liver toxicity warning included  
19 in the prescribing information. The drug was approved for Major Depressive Disorder (“MDD”). In  
20 2007, the FDA approved Cymbalta for treatment of Generalized Anxiety Disorder (“GAD”) and in 2008  
21 for treatment of fibromyalgia.  
22

23 13. Since the FDA’s initial approval of Cymbalta in 2004, Lilly has aggressively marketed  
24 the drug to the public and the medical community, spending millions of dollars each year on advertising  
25 and promotion. Lilly has promoted Cymbalta directly to consumers, including Plaintiff Gilda Hagan-  
26 Brown, through various media platforms, including internet, print and television. In addition, Lilly has  
27 promoted Cymbalta to the medical community by utilizing its well-organized army of sales  
28

1 representatives to personally visit physicians and health care professionals to distribute free drug  
2 samples and promotional literature.

3 14. Lilly's promotional campaigns have continuously failed to provide adequate instructions  
4 to users and health care professionals for stopping Cymbalta and have failed to include adequate  
5 warnings that fully and accurately inform users and health care professionals about the frequency,  
6 severity, and/or duration of Cymbalta withdrawal.  
7

8 15. Withdrawal symptoms are not connected to a patient's underlying condition but rather are  
9 the body's physical reactions to the drug leaving the system. While many SSRIs and SNRIs can cause  
10 withdrawal symptoms, the initiation, frequency, and severity of withdrawal symptoms correlate to a  
11 drug's half-life. The half-life of a drug is the time it takes for the concentration of the drug in the body  
12 to be reduced by half. This information is one of the basic pharmacokinetic properties of a drug and is  
13 known to researchers developing the drug. Cymbalta has one of the shortest half-lives of any of the  
14 SSRIs and SNRIs. Since 2004, the Cymbalta label has stated that the half-life of Cymbalta is  
15 approximately 12 hours. In contrast, the half-life of Prozac is seven days. The shorter the half-life, the  
16 faster the body eliminates the drug from the system, thus creating a higher risk of withdrawal symptoms.  
17 Because Cymbalta's half-life is less than one day and Cymbalta is generally administered once daily, it  
18 is possible for users of Cymbalta to experience withdrawal symptoms after simply forgetting to take one  
19 dose. This also means that users cannot safely taper off of the drug by taking a capsule every other day.  
20  
21

22 16. Despite Lilly's awareness of Cymbalta's half-life and the correlation between a short  
23 half-life and withdrawal risk, Lilly did not include any cross-references between the Pharmacokinetics  
24 section of the label and either the Precautions section or the Dosage and Use section. In fact, rather than  
25 drawing attention to the potential consequences of Cymbalta's extremely short half-life, Lilly  
26 misleadingly referenced all other SSRIs and SNRIs, as if Cymbalta could be expected to pose a similar  
27 risk of withdrawal as all other drugs of its class generally:  
28

1 During marketing of other SSRIs and SNRIs (Serotonin and  
2 Norepinephrine Reuptake Inhibitors), there have been spontaneous reports  
3 of adverse events occurring upon discontinuation of these drugs,  
4 particularly when abrupt, including the following: dysphoric mood,  
5 irritability, agitation, dizziness, sensory disturbances (e.g. paresthesias  
6 such as electric shock sensations), anxiety, confusion, headache, lethargy,  
7 emotional liability, insomnia, hypomania, tinnitus, and seizures. Although  
8 these events are generally self-limiting, some have been reported to be  
9 severe.

10 (2004 Cymbalta label.) The extremely short half-life of Cymbalta should have alerted Lilly's  
11 researchers to the fact that the risk of Cymbalta withdrawal would be more frequent than that  
12 experienced with other SSRIs and SNRIs.

13 17. Lilly should have been aware of the significance of antidepressant withdrawal, because  
14 Lilly had previously researched and publicized the issue in connection with its antidepressant Prozac.  
15 Because Prozac has an extremely long half-life relative to other antidepressants, the length of time it  
16 takes for a person's body to fully eliminate Prozac from the system provides a built-in gradual tapering  
17 of sorts, so that withdrawal symptoms from Prozac are relatively infrequent. Prozac's main competitors  
18 in the 1990s, Zoloft and Paxil, had shorter half-lives, and Lilly engineered a campaign to differentiate  
19 Prozac from its competitors on this basis, funding clinical studies of antidepressant withdrawal and  
20 coining the term "antidepressant discontinuation syndrome."

21 18. Researchers, including Lilly's own consultants, have postulated that withdrawal reactions  
22 result from a sudden decrease in the availability of synaptic serotonin in the face of down-regulated  
23 serotonin receptors. *See* Schatzberg et al., Possible mechanisms of the serotonin reuptake inhibitor  
24 discontinuation syndrome, *J. Clin Psychiatry* 58 (suppl7): 23-7 (1997); Blier and Tremblay,  
25 Physiological mechanisms underlying the anti-depressant discontinuation syndrome, *J Clin Psychiatry*  
26 67 (suppl4) (2006): 8-13. They have theorized that, upon chronic dosing, the increased occupancy of  
27 pre-synaptic serotonin receptors signals the pre-synaptic neuron to synthesize and release less serotonin.  
28 Serotonin levels within the synapse drop, then rise again, ultimately leading to down-regulation of post-

1 synaptic serotonin receptors. In other words, as SSRIs and SNRIs block the reuptake of serotonin and  
2 norepinephrine, structural changes in the brain occur such that production of these neurotransmitters is  
3 reduced. These changes in the brain's architecture may contribute to withdrawal symptoms, as a patient  
4 is, upon cessation of the drug, left not only with the absence of the drug but also structural changes in  
5 the brain that remain for some time even after the drug has fully washed out of the person's system.  
6 Because of the short half-life of Cymbalta, the brain has even less time to adjust to the cessation of  
7 Cymbalta treatment. Despite Lilly's knowledge of this phenomenon, Lilly did not include in  
8 Cymbalta's label or promotional materials any information regarding the increased risk of withdrawal  
9 due to structural changes in the brain exacerbated by Cymbalta's short half-life.  
10

11 19. As Lilly was fully aware of the issue of antidepressant withdrawal and of Cymbalta's  
12 elevated withdrawal risk, Lilly should not only have included a strong warning to physicians and  
13 patients, but it should have also designed the drug in such a way that would easily allow for a gradual  
14 tapering off of the drug. Instead, Cymbalta is manufactured as a delayed-release capsule filled with tiny  
15 beads at 20, 30 and 60 mg doses only, and Cymbalta's label and Medication Guide instruct physicians  
16 and patients that the capsule "should be swallowed whole and should not be chewed or crushed, nor  
17 should the capsule be opened and its contents be sprinkled on food or mixed with liquids." In contrast,  
18 other SSRIs and SNRIs are available as scored tablets that can be halved and quartered with relative  
19 ease, or are available in liquid form which can be measured and dispensed in small increments.  
20

21  
22 20. In 2013, Cymbalta's label provided the following precaution regarding stopping  
23 Cymbalta:

24 Discontinuation symptoms have been systematically evaluated in patients taking  
25 duloxetine. Following abrupt or tapered discontinuation in placebo-controlled  
26 clinical trials, the following symptoms occurred at 1% or greater and at a  
27 significantly higher rate in duloxetine-treated patients compared to those  
28 discontinuing from placebo: dizziness, nausea, headache, paresthesia, fatigue,  
vomiting, irritability, insomnia, diarrhea, anxiety, and hyperhidrosis. . . .

Cymbalta's label also provided the following instructions for stopping Cymbalta:

1 A gradual reduction in the dose rather than abrupt cessation is recommended  
2 whenever possible. If intolerable symptoms occur following a decrease in the  
3 dose or upon discontinuation of treatment, then resuming the previously  
4 prescribed dose may be considered. Subsequently, the physician may continue  
5 decreasing the dose but at a more gradual rate.

6 *Id.*

7 21. Thus, in addition to using the euphemistic term “discontinuation” to describe Cymbalta’s  
8 withdrawal symptoms, the label did not accurately reflect that a significant percentage of Cymbalta  
9 users suffered from withdrawal symptoms. Rather, the warnings suggested that Cymbalta withdrawal  
10 was rare, or occurred at a rate of approximately one (1) percent. However, Lilly’s own studies,  
11 published as a January 2005 article in the Journal of Affective Disorders, showed that, at a minimum,  
12 between 44.3% and 50% of Cymbalta patients suffered from “discontinuation” side effects (i.e.,  
13 withdrawal symptoms). The article also noted that the withdrawal symptom data compiled during  
14 Lilly’s clinical trials was gathered from “spontaneous reports” of symptoms (patients volunteering  
15 symptoms), and not using the more accurate “symptom checklist.” The authors acknowledge that use of  
16 a symptom checklist would likely produce even higher incidence rates of withdrawal symptoms. David  
17 G. Perahia et al., Symptoms Following Abrupt Discontinuation of Duloxetine Treatment in Patients with  
18 Major Depressive Disorder, 89 JOURNAL OF AFFECTIVE DISORDERS 207 (2005).

19 Notwithstanding, Lilly omitted this critical information from its label, instead misleadingly stating only  
20 that certain symptoms are experienced at a rate of 1% or greater, thus suggesting that Cymbalta  
21 withdrawal is rare or infrequent.

22 22. Moreover, Lilly’s clinical trials showed that, overall, between 9.6% and 17.2% of  
23 Cymbalta users suffered *severe* withdrawal symptoms, *id.*, yet nowhere in the label does Lilly inform  
24 practitioners and patients of that risk.

25 23. Cymbalta’s withdrawal symptoms include, among other things, headaches, dizziness,  
26 nausea, fatigue, diarrhea, paresthesia, vomiting, irritability, nightmares, insomnia, anxiety,  
27 hyperhidrosis, sensory disturbances, electric shock sensations, seizures, and vertigo. When users try to  
28

1 stop taking Cymbalta, the side effects can be severe enough to force them to start taking Cymbalta  
2 again, not to treat their underlying conditions, but simply to stop the withdrawal symptoms. Users thus  
3 become prisoners to Cymbalta, and Lilly financially benefits by having a legion of physically dependent,  
4 long-term users of Cymbalta.

5  
6 24. And, as set forth above, the design of Cymbalta pills, as delayed-release capsules filled  
7 with tiny beads at 20, 30 and 60 mg doses only, along with the instruction to swallow them whole,  
8 prevents users from properly tapering (gradually decreasing their dosage) from Cymbalta in order to  
9 avoid or reduce withdrawal symptoms.

10 25. Despite Lilly's knowledge of the high rate of withdrawal symptoms in users stopping  
11 Cymbalta, Lilly neither provided adequate instructions to users and physicians for stopping Cymbalta  
12 nor included adequate warnings in its product label, marketing, or advertising to fully and accurately  
13 inform users and physicians about the frequency, severity, and/or duration of the withdrawal symptoms.

14 26. Lilly's misleading direct-to-consumer promotional campaigns and its failure to  
15 adequately warn users and physicians about the frequency, severity, and/or duration of Cymbalta's  
16 withdrawal symptoms have paid off financially for Lilly. Cymbalta became a "blockbuster" drug with  
17 over \$3.9 billion dollars in annual sales. In the past few years, Cymbalta has either been the most  
18 profitable or second most profitable drug in Lilly's product line. Lilly had the knowledge, the means,  
19 and the duty to provide adequate instructions for stopping Cymbalta and adequate warnings about the  
20 frequency, severity, and/or duration of Cymbalta's withdrawal symptoms. Lilly could have relayed  
21 these instructions and warnings through the same means it utilized to promote its products, which  
22 included but are not limited to its labeling, "Dear Doctor letters," advertisements, and sales  
23 representatives.

24 27. Falsely reassured by the misleading manner in which Lilly reported Cymbalta's  
25 withdrawal symptoms, physicians, including Plaintiff Gilda Hagan-Brown's physician, have prescribed,  
26 and continue to prescribe, Cymbalta to patients without adequate instructions for stopping Cymbalta and  
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1 without adequate warnings that fully and accurately inform them about the frequency, severity, and/or  
2 duration of Cymbalta's withdrawal symptoms.

3 28. At all times relevant, Lilly knew or should have known of the significantly increased  
4 risk of withdrawal symptoms, including their severity and duration, posed by Cymbalta and yet  
5 failed to adequately warn about said risks.  
6

7 29. At all times relevant, Lilly engaged in willful, wanton, and reckless conduct,  
8 including its defective design of Cymbalta and its failure to fully and accurately warn about the  
9 frequency, severity, and/or duration of Cymbalta's withdrawal symptoms, all of which induced  
10 physicians to prescribe Cymbalta and consumers to use it, including Plaintiff Gilda Hagan-Brown  
11 and her physicians.  
12

13 30. Plaintiff Gilda Hagan-Brown's use of the drug and consequent injuries and damages were  
14 a direct and proximate result of Lilly's acts and omissions relating to its failure to provide adequate  
15 instructions for stopping Cymbalta and its failure to include adequate warnings that fully and accurately  
16 inform users and physicians of the frequency, severity, and/or duration of Cymbalta's withdrawal  
17 symptoms.  
18

19 31. In or around September 2012, Plaintiff Gilda Hagan-Brown was prescribed Cymbalta by  
20 her physician, for treatment of Fibromyalgia and Osteoarthritis of the cervical spine.

21 32. In or around March 2013, Plaintiff Gilda Hagan-Brown elected to wean off of Cymbalta  
22 because she did not like the feeling of intoxication that the medication produced. As a result, Plaintiff  
23 Gilda Hagan-Brown elected to wean off of Cymbalta under the care and supervision of her Physician.

24 33. Plaintiff Gilda Hagan-Brown experienced severe and dangerous withdrawal symptoms  
25 upon attempting to discontinue Cymbalta. By way of example, Plaintiff Gilda Hagan-Brown  
26 experienced suicidal thoughts, severe depression, migraines, buzzing in her head, anxiety, mood swings,  
27 dizziness, glazed eyes, Irritable Bowel Syndrome, dry mouth, and sweating.  
28



1           39.     Lilly was negligent in the design, manufacture, testing, advertising, marketing,  
2 promoting, labeling, supply, and sale of Cymbalta in that it:

- 3           a.     Failed to provide proper warnings that fully and accurately inform users and health care  
4 professionals about the frequency, severity, and/or duration of Cymbalta's withdrawal  
5 symptoms;
- 6           b.     Failed to provide warnings that Cymbalta could cause users to become physically dependent  
7 on the drug;
- 8           c.     Failed to provide adequate training and instructions to users and health care professionals  
9 regarding appropriate methods for stopping Cymbalta;
- 10          d.     Misled users by suggesting that Cymbalta withdrawal was rare;
- 11          e.     Failed to warn that the risks associated with Cymbalta exceeded the risks of other  
12 comparable forms of treatment options;
- 13          f.     Failed to warn of the potential duration of withdrawal symptoms associated with Cymbalta;
- 14          g.     Misrepresented the severity of symptoms associated with withdrawal;
- 15          h.     Negligently designed Cymbalta in a way that it knew would cause withdrawal and physical  
16 dependency;
- 17          i.     Negligently marketed Cymbalta despite the fact that the risk of withdrawal symptoms was so  
18 high and the benefits of the drug were so questionable that no reasonable pharmaceutical  
19 company, exercising due care, would have placed it on the market;
- 20          j.     Recklessly, falsely, and deceptively represented or knowingly omitted, suppressed, or  
21 concealed, material facts regarding the safety of Cymbalta to Plaintiff Gilda Hagan-Brown,  
22 the public, and the medical community;
- 23          k.     Failed to comply with its post-manufacturing duty to warn that Cymbalta was being  
24 promoted, distributed, and prescribed without adequate warnings that fully and accurately  
25 inform users and physicians of the true frequency, severity, and/or duration of potential  
26 withdrawal symptoms; and
- 27          l.     Was otherwise careless, negligent, grossly negligent, reckless, and acted with willful and  
28 wanton disregard for Plaintiff Gilda Hagan-Brown's rights and safety.

          40.     Despite the fact that Lilly knew, or should have known, that Cymbalta caused frequent  
and severe withdrawal symptoms, Lilly continued to market Cymbalta to consumers, including Plaintiff  
Gilda Hagan-Brown, without adequate instructions for stopping Cymbalta and without adequate  
warnings about the frequency, severity, and/or duration of the withdrawal symptoms. Lilly knew, or  
should have known, that Cymbalta users would suffer foreseeable injuries as a result of its failure to

1 exercise ordinary care, as described above. Lilly knew or should have known that Cymbalta was  
2 defective in design or formulation in that, when it left the hands of the manufacturer and/or suppliers,  
3 the foreseeable risks exceeded the benefits associated with the design or formulation.

4 41. Had Lilly provided adequate instructions for the proper method for stopping Cymbalta  
5 and/or adequate warnings regarding the frequency, severity, and/or duration of its withdrawal  
6 symptoms, Plaintiff Gilda Hagan-Brown's injuries would have been avoided.

7 42. As a direct and proximate result of one or more of these wrongful acts and omissions of  
8 Lilly, Plaintiff Gilda Hagan-Brown suffered significant injuries as set forth herein. Plaintiff Gilda  
9 Hagan-Brown has incurred and will continue to incur physical and psychological pain and suffering,  
10 emotional distress, sorrow, anguish, stress, shock, and mental suffering. Plaintiff Gilda Hagan-Brown  
11 has required and will continue to require healthcare and services and has incurred, and will continue to  
12 incur medical and related expenses. Plaintiff Gilda Hagan-Brown has also suffered and will continue to  
13 suffer diminished capacity for the enjoyment of life, a diminished quality of life, aggravation of  
14 preexisting conditions and activation of latent conditions, and other losses and damages.

15 43. WHEREFORE, Plaintiff demands judgment against Lilly for compensatory, statutory and  
16 punitive damages, together with interest, costs of suit, and all such other relief as the Court deems  
17 appropriate pursuant to the common law and statutory law.

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21 **SECOND CAUSE OF ACTION**  
**STRICT PRODUCT LIABILITY – DESIGN DEFECT**

22 44. Plaintiff incorporates by reference, as if fully set forth herein, all other paragraphs of this  
23 Complaint.

24 45. Lilly is, and was at all times relevant herein, engaged in the business of designing,  
25 testing, manufacturing, and promoting prescription medications, including Cymbalta, to citizens of the  
26 State of Virginia, including Plaintiff Gilda Hagan-Brown.  
27  
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1           46.     Lilly manufactured, marketed, promoted, and sold a product that was merchantable  
2 and/or reasonably suited to the use intended. Cymbalta was expected to, and did, reach Plaintiff Gilda  
3 Hagan-Brown without substantial change in the condition in which it was sold. Its condition when sold  
4 was the proximate cause of the injuries sustained by Plaintiff Gilda Hagan-Brown.

5  
6           47.     Lilly introduced a product into the stream of commerce that is defective in design, in that  
7 the foreseeable risks of harm posed by the product could have been reduced or avoided by the adoption  
8 of a reasonable alternative design by Lilly, and Lilly's omission of the alternative design renders the  
9 product not reasonably safe. The harm of Cymbalta's design outweighs any benefit derived therefrom.  
10 The unreasonably dangerous nature of Cymbalta caused serious harm to Plaintiff Gilda Hagan-Brown.  
11 Lilly placed Cymbalta into the stream of commerce with wanton and reckless disregard for public  
12 safety.

13  
14           48.     Lilly knew or should have known that physicians and other health care providers began  
15 commonly prescribing Cymbalta as a safe product despite the fact that the design of Cymbalta pills, as  
16 delayed-release capsules of beads at 20, 30 and 60 mg doses only, along with the instruction to swallow  
17 them whole, prevents users from being able to properly taper (gradual decrease in dosage) from  
18 Cymbalta in order to avoid or reduce withdrawal symptoms. Cymbalta users such as Plaintiff are thus  
19 unable to avoid the danger of Lilly's design upon cessation of treatment. Moreover, Lilly knew that the  
20 likelihood of experiencing withdrawal symptoms (such that gradual tapering would be required) is  
21 significant.

22  
23           49.     Lilly could have redesigned Cymbalta at a reasonable cost in order to allow users to taper  
24 gradually and thus with less risk of injury. The risk of harm inherent in Lilly's design of Cymbalta  
25 capsules outweighs the utility of its design. There are other antidepressant medications and similar  
26 drugs on the market with safer alternative designs with respect to patients' and physicians' ability to  
27 gradually decrease the dosage.  
28



1 be caused by the discontinuation of Cymbalta and/or are associated with Cymbalta discontinuation,  
2 experienced suicidal thoughts, severe depression, migraines, buzzing in her head, anxiety, mood swings,  
3 dizziness, glazed eyes, Irritable Bowel Syndrome, dry mouth, and sweating.

4 56. Furthermore, Lilly had a duty to provide users and physicians with adequate instructions  
5 for stopping Cymbalta.  
6

7 57. Cymbalta was under the exclusive control of Lilly and was neither accompanied by  
8 adequate instructions for stopping Cymbalta nor accompanied by adequate warnings regarding the  
9 frequency, severity, and/or duration of symptoms associated with the discontinuation of Cymbalta. The  
10 information given to consumers and physicians did not properly instruct users and physicians on how to  
11 stop Cymbalta and did not accurately reflect the risk, incidence, symptoms, scope, or severity of the  
12 withdrawal symptoms as compared to other similar products available in the market, which possessed  
13 lower risk of such symptoms. The promotional activities of Lilly further diluted and/or minimized any  
14 warnings that were provided with the product.  
15

16 58. Lilly misled users and health care professionals as to the severity, frequency, and/or  
17 duration of Cymbalta withdrawal symptoms in order to foster and heighten sales of the product.

18 59. Cymbalta was defective and unreasonably dangerous when it left the possession of Lilly  
19 in that it contained instructions insufficient to fully inform users and physicians on how to stop  
20 Cymbalta and that it contained warnings insufficient to alert Plaintiff Gilda Hagan-Brown to the  
21 dangerous risks and reactions associated with it, including but not limited to severe, debilitating  
22 withdrawal symptoms. Even though Lilly knew or should have known the risks associated with  
23 Cymbalta, it failed to provide adequate instructions and warnings.  
24

25 60. The foreseeable risks of withdrawal-related harm posed by Cymbalta could have  
26 been reduced or avoided by the provision of reasonable instructions or warnings by Lilly. Lilly's  
27 omission of reasonable instructions or warnings rendered Cymbalta not reasonably safe.  
28

1           61.     Plaintiff Gilda Hagan-Brown used Cymbalta as intended or in a reasonably foreseeable  
2 manner.

3           62.     Plaintiff Gilda Hagan-Brown could not have discovered any defect in the drug through  
4 the exercise of reasonable care.

5           63.     Lilly, as manufacturer of Cymbalta and other pharmaceutical prescription drugs, is held  
6 to the level of knowledge of an expert in the field, and further, Lilly had knowledge of the dangerous  
7 risks associated with the discontinuation of Cymbalta.

8           64.     Plaintiff Gilda Hagan-Brown did not have the same knowledge as Lilly and no adequate  
9 warning was communicated to her physicians.

10           65.     Lilly had a continuing duty to warn users, including Plaintiff Gilda Hagan-Brown and her  
11 physicians, and the medical community of the dangers associated with Cymbalta discontinuation. By  
12 negligently and wantonly failing to provide adequate instructions and failing to adequately warn of the  
13 withdrawal symptoms associated with Cymbalta discontinuation, Lilly breached its duty.

14           66.     Although Lilly knew or should have known of Cymbalta's withdrawal symptoms, it  
15 continued to design, manufacture, market, and sell the drug without providing adequate warnings or  
16 instructions concerning the use of the drug in order to maximize sales and profits at the expense of the  
17 public health and safety, in knowing, conscious, and deliberate disregard of the foreseeable harms posed  
18 by the drug.

19           67.     In addition, Lilly's conduct in the packaging, warning, marketing, advertising, promoting,  
20 distribution, and sale of the drug was committed with knowing, conscious, willful, wanton, and  
21 deliberate disregard for the value of human life, and the rights and safety of consumers, including  
22 Plaintiff Gilda Hagan-Brown.

23           68.     As a direct and proximate result of one or more of these wrongful acts and omissions of  
24 Lilly, Plaintiff Gilda Hagan-Brown suffered severe injuries as set forth herein. Plaintiff Gilda Hagan-  
25 Brown has incurred and will continue to incur physical and psychological pain and suffering, emotional  
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1 distress, sorrow, anguish, stress, shock, and mental suffering. Plaintiff Gilda Hagan-Brown has required  
2 and will continue to require healthcare and services and has incurred, and will continue to incur medical  
3 and related expenses. Plaintiff Gilda Hagan-Brown has also suffered and will continue to suffer  
4 diminished capacity for the enjoyment of life, a diminished quality of life, aggravation of preexisting  
5 conditions and activation of latent conditions, and other losses and damages.  
6

7 69. WHEREFORE, Plaintiff demands judgment against Lilly for compensatory, statutory and  
8 punitive damages, together with interest, costs of suit, and all such other relief as the Court deems  
9 appropriate pursuant to the common law and statutory law.

10 **FOURTH CAUSE OF ACTION**  
11 **CONSTRUCTIVE FRAUD**

12 70. Plaintiff incorporates by reference, as if fully set forth herein, all other paragraphs of this  
13 Complaint.

14 71. Lilly owed a duty to Plaintiff Gilda Hagan-Brown and her physicians to convey and  
15 communicate truthful and accurate information about Cymbalta.

16 72. Lilly represented to Plaintiff Gilda Hagan-Brown, her physicians, and other members  
17 of the public and the medical community that Cymbalta was safe for use and that any withdrawal  
18 symptoms were no different, no worse, and no more frequent, than those of other similar products  
19 on the market. These representations were, in fact, false. Lilly's representations on the Cymbalta  
20 label suggested that withdrawal was rare, or that withdrawal symptoms occurred at a rate of  
21 approximately 1% or 2%, without mentioning the overall percentage of users who will experience  
22 withdrawal symptoms, which Lilly's own studies showed to be, at minimum, 44%.  
23

24 73. Lilly was negligent in failing to exercise due care in making the aforesaid  
25 representations.  
26

27 74. Lilly had a pecuniary interest in making said representations, which were made in  
28 order to expand sales and increase revenue from Cymbalta.

1           75.     At the time said representations were made by Lilly, at the time Plaintiff Gilda  
2 Hagan-Brown and her physicians took the actions herein alleged, Plaintiff Gilda Hagan-Brown and  
3 her physicians were ignorant of the falsity of Lilly's representations and reasonably believed them  
4 to be true. In justifiable reliance upon said representations, Plaintiff Gilda Hagan-Brown and her  
5 physicians were induced to, and did, use Cymbalta and attempt to discontinue Cymbalta. If  
6 Plaintiff Gilda Hagan-Brown and her physicians had known the actual facts, Plaintiff Gilda Hagan-  
7 Brown's injuries would have been avoided because Plaintiff Gilda Hagan-Brown's physician  
8 would not have prescribed the drug, Plaintiff Gilda Hagan-Brown would not have taken the drug,  
9 and/or the risk would have been conveyed to Plaintiff Gilda Hagan-Brown in a way so as to alter  
10 the prescription and avoid Plaintiff Gilda Hagan-Brown's injuries.  
11

12           76.     The reliance of Plaintiff Gilda Hagan-Brown and her physicians upon Lilly's  
13 representations was justified because the representations were made by individuals and entities who  
14 appeared to be in a position to know the true facts relating to risks associated with Cymbalta.  
15

16           77.     As a direct and proximate result of one or more of these wrongful acts and omissions of  
17 Lilly, Plaintiff Gilda Hagan-Brown suffered pecuniary losses including but not limited to past and future  
18 medical and related expenses.  
19

20           78.     WHEREFORE, Plaintiff demands judgment against Lilly for compensatory, statutory and  
21 punitive damages, together with interest, costs of suit, and all such other relief as the Court deems  
22 appropriate pursuant to the common law and statutory law.  
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**FIFTH CAUSE OF ACTION**  
**ACTUAL FRAUD**

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3 79. Plaintiff incorporates by reference, as if fully set forth herein, all other paragraphs of this  
4 Complaint.

5 80. As the United States Supreme Court stated in *Wyeth v. Levine*, "...it has remained a  
6 central premise of federal drug regulation that the manufacturer [of a prescription drug, such as  
7 Cymbalta] bears responsibility for the content of its label at all times. It is charged both with crafting an  
8 adequate label and with ensuring that its warnings remain adequate as long as the drug is on the market."  
9 555 U.S. 555, 571 (2009).

10  
11 81. Lilly committed fraud by actively concealing material adverse information that was in its  
12 possession from its labeling and marketing of Cymbalta, including but not limited to, concealing the true  
13 frequency, severity and duration of Cymbalta's withdrawal side effects and falsely represented the  
14 withdrawal risk associated with Cymbalta.

15 82. Lilly, through its clinical trial data, knew that, when it made the misrepresentations  
16 and/or omissions set forth herein, they were false, that patients and medical professionals would rely  
17 upon its misrepresentations and omissions, and that the misrepresentations were intended to cause  
18 patients like Plaintiff to purchase and ingest Cymbalta.

19 83. The specific acts of Lilly include the following:

- 20  
21 a. Fraudulently suggesting that the withdrawal risk is rare, or occurred at a rate of  
22 approximately one (1) percent, when the overall rate of patients experiencing withdrawal,  
23 according to Lilly's own clinical trials, is high (at least 44.3% to 50%). Furthermore, an  
24 analysis of the data from Lilly's clinical trials reveals, with statistically significant results,  
25 that in comparison to stopping a placebo, stopping Cymbalta elevated the risk of specific  
26 withdrawal symptoms as much as 23-fold (i.e., nausea 23-fold, dizziness 17-fold, paresthesia  
27 11-fold, irritability 9-fold, nightmares 8-fold, headaches 7-fold, and vomiting 4-fold);  
28  
b. Fraudulently omitting material information in its labeling and marketing concerning the  
severity of Cymbalta withdrawal including the fact that, in Lilly's clinical trials, between  
9.6% and 17.2% suffered severe withdrawal (approximately 50% suffered moderate  
withdrawal);

- 1 c. Fraudulently omitting material information in its labeling and marketing concerning the  
2 duration of Cymbalta withdrawal. In fact, more than 50% of patients in the Cymbalta  
3 clinical trials continued to suffer from withdrawal symptoms two weeks after coming off the  
4 drug. Lilly did not monitor withdrawal beyond two weeks. Lilly was well aware that  
5 withdrawal symptoms could be protracted. For instance, the Cymbalta Summary of Product  
6 Characteristics” (SmPC) in Europe stated that, “in some individuals [withdrawal symptoms]  
7 may be prolonged (2-3 months or more).” The Practice Guideline for the Treatment of  
8 Patients With Major Depressive Disorder, Third Edition, published in 2010 (in which at least  
9 three Lilly consultants were on the working group and review panel) states under  
10 “Discontinuation syndrome” that “some patients do experience **more protracted**  
11 discontinuation syndromes, particularly those treated with paroxetine [Paxil]” and “as with  
12 SSRIs, abrupt discontinuation of SNRIs should be avoided whenever possible.  
13 Discontinuation symptoms, **which are sometimes protracted**, are more likely to occur with  
14 venlafaxine [Effexor] (and, by implication deventlafaxine [Pristiq]) than duloxetine  
15 [Cymbalta] (100) and may necessitate a slower downward titration regimen or change to  
16 fluoxetine.” Given that Cymbalta’s half-life falls between Effexor’s and Paxil’s – Effexor  
17 having the shortest, Cymbalta the second and Paxil the third – the Guideline is artfully  
18 worded;
- 19 d. Purposefully failing to use systematic monitoring with a withdrawal symptom checklist in the  
20 Cymbalta studies underlying Perahia’s analysis, whereas in earlier Lilly-sponsored studies  
21 comparing Prozac to Paxil, Zoloft, and Effexor, Lilly systematically monitored withdrawal  
22 using a symptom checklist. Lilly was well aware of the withdrawal risk because it had  
23 orchestrated a marketing campaign differentiating Prozac from competitor antidepressants  
24 based on Prozac’s comparatively long half-life. In fact, based on Cymbalta’s half-life (the  
25 second shortest half-life between Effexor and Paxil), one would expect the true risk of  
26 withdrawal to be in a range between 66% and 78%. *See* Glenmullen, *The Antidepressant*  
27 *Solution – A Step-by-Step Guide to Safely Overcoming Antidepressant Withdrawal,*  
28 *Dependence, and “Addiction”* (2005);
- e. Because Cymbalta’s half-life is the second shortest and the closest to Effexor’s, Lilly must  
have recognized that the risk of Cymbalta withdrawal was substantial, as confirmed by its  
own clinical trial data, and likely much worse as explained above. However, rather than  
being forthcoming about this important risk, Lilly instead chose to obscure the risk by using  
misleading language in its labeling and marketing;
- f. Lilly obscured Cymbalta’s true withdrawal risks by deflecting attention away from the  
Cymbalta-specific clinical trial data showing a clear and significant risk and focusing instead  
on other SSRIs and SNRIs. For instance, Lilly’s label stated “During marketing of other  
SSRIs and SNRIs ... there have been spontaneous reports of adverse events occurring upon  
discontinuation of these drugs, particularly when abrupt ...” Lilly’s use of “spontaneous”  
reports from “other SSRIs or SNRIs” is misleading given that approximately 40% to 50% of  
patients in Lilly’s own clinical trials of Cymbalta reported adverse events. In using this  
language, Lilly misleadingly suggests that the withdrawal risks associated with other SSRIs  
and SNRIs are worse than Cymbalta’s risks, which is the opposite of the truth – Cymbalta is  
one of the worst;
- g. In addition to failing to warn about these known risks, Lilly utilized paid Key Opinion  
Leaders (“KOLs”) to endorse the safety and efficacy of Cymbalta and assure prescribing  
doctors that Cymbalta’s withdrawal risks were not as frequent, severe or protracted as they

1 really are. Lilly did this through medical journal articles, treatment guidelines and medical  
2 seminars. For instance, Alan F. Schatzberg, a Lilly consultant and KOL who researched the  
3 phenomenon of antidepressant withdrawal as part of Lilly's campaign to promote Prozac in  
4 the 1990s, *see* paragraph 18 *supra*, wrote an article titled "Antidepressant Discontinuation  
5 Syndrome: Consensus Panel Recommendations for Clinical Management and Additional  
6 Research," *J. Clin Psychiatry*, 2006; 67 (suppl 4), two years after Cymbalta came on the  
7 market. However, the article makes no mention of Cymbalta withdrawal or the fact that  
8 Lilly's own trials established withdrawal risks that were greater than those Lilly chose to  
9 include in the Cymbalta label;

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- h. Similarly, the American Psychiatric Publishing Textbook of Psychiatry, Fifth Edition with a Foreword written by the same Lilly consultant and KOL, Dr. Schatzberg, published in 2008, makes no mention of Cymbalta nor the frequency, severity or duration of Cymbalta withdrawal. Indeed, the text states:

Discontinuation symptoms appear to occur most commonly after discontinuation of short-half-life serotonergic drugs (Coupland et al. 1996), such as fluvoxamine [Luvox], paroxetine [Paxil], and venlafaxine [Effexor].

There is no mention of Cymbalta although it had been on the market for four years and has a shorter-half than either Luvox or Paxil. Indeed, it had the second shortest half-life next to Effexor;

- i. Lilly also appears to have engaged in selective and biased publication of its clinical trials of Cymbalta. In a recent study published in the *New England Journal of Medicine*, researchers obtained clinical trials for antidepressants (including Cymbalta) that had been submitted to the FDA and compared them with studies that had been published. The authors found that there was a "bias towards the publication of positive results" and that, "according to the published literature, it appeared that 94% of the trials conducted were positive. By contrast, the FDA analysis shows that 51% were positive." The authors found that, as a result of such selective publication, the published literature conveyed a misleading impression of Cymbalta's efficacy resulting in an apparent effect-size that was 33% larger than the effect size derived from the full clinical trial data. *See* Erick H. Turner et al., *Selective Publication of Antidepressant Trials and Its Influence on Apparent Efficacy*, 358 *NEW ENG. J. MED.* 252 (2008).

84. When the above representations and/or omissions were made by Lilly, it knew those representations and/or omissions to be false, or willfully and wantonly and recklessly disregarded whether the representations and/or omissions were true. These representations and/or omissions were made by Lilly with the intent of defrauding and deceiving the public and the prescribing medical community and with the intent of inducing the public to take Cymbalta and the medical community (including Plaintiff's doctor) to recommend, prescribe, and dispense Cymbalta to their patients without adequate warning.

1           85.     At the time the aforementioned representations or omissions were made by Lilly, and at  
2 the time Plaintiff purchased and began to ingest Cymbalta, Plaintiff was unaware of the falsity of Lilly's  
3 representations and/or omissions and reasonably relied upon Lilly's representations and omissions.

4           86.     In reliance upon Lilly's representations and/or omissions, Plaintiff was induced to take  
5 Cymbalta and suffered significant withdrawal side effects.

6           87.     Lilly's motive in failing to advise physicians and the public of Cymbalta's withdrawal  
7 risks was financial gain along with its fear that, if accompanied by proper and adequate information,  
8 Cymbalta would lose its share of the antidepressant market.

9           88.     At all times herein mentioned, the actions of Lilly, its agents, servants, and/or employees  
10 were wanton, grossly negligent, and reckless and demonstrated a complete disregard and reckless  
11 indifference to the safety and welfare of Plaintiff in particular and to the general public in that Lilly did  
12 willfully and knowingly place the dangerous and defective drug Cymbalta on the market with the  
13 specific knowledge that it would be sold to, prescribed for, and used by members of the public and  
14 without adequate instructions for use.

15           89.     Punitive damages would be particularly appropriate for Lilly in this case given that fraud  
16 and concealment appear to be a part of its modus operandi. Since the 1980s, Lilly has had an ongoing  
17 history of concealing serious side effects associated with its drugs and illegally promoting its drugs. For  
18 example, in 1985, Lilly and one of its officers pled guilty to multiple criminal counts of violating the  
19 Food Drug and Cosmetic Act ("FDCA") arising out of Lilly's concealment of serious liver and kidney  
20 dysfunctions associated with its arthritis drug Oraflex. In 2009, Lilly agreed to plead guilty and pay  
21 \$1.415 billion to the federal government for illegally promoting Zyprexa. This resolution included a  
22 criminal fine of \$515 million, which, at the time, was the largest settlement ever in a health care case,  
23 and the largest criminal fine for an individual corporation ever imposed in a United States criminal  
24 prosecution of any kind.



1 ceasing to take Cymbalta. Accordingly, Lilly expressly warranted that Cymbalta had a low or rare  
2 incidence of withdrawal symptoms.

3 95. As described herein, Plaintiff Gilda Hagan-Brown suffered injuries as a direct and  
4 proximate result of her discontinuation of Cymbalta.

5 96. At the time of Plaintiff Gilda Hagan-Brown's use of Cymbalta and resulting injuries,  
6 the Cymbalta she was taking was in essentially the same condition as when it left the control and  
7 possession of Lilly.

8 97. At all times relevant, the Cymbalta received and used by Plaintiff Gilda Hagan-  
9 Brown was not fit for the ordinary purposes for which it is intended to be used in that, *inter alia*, it  
10 posed a higher risk of withdrawal symptoms – of greater duration and severity – than other similar  
11 products available in the market.

12 98. Plaintiff Gilda Hagan-Brown's injuries were due to the fact that Cymbalta was in a  
13 defective condition, as described herein, rendering it unreasonably dangerous to her.

14 99. As a direct and proximate result of one or more of these wrongful acts and omissions  
15 of Lilly, Plaintiff Gilda Hagan-Brown suffered significant injuries as set forth herein. Plaintiff  
16 Gilda Hagan-Brown has incurred and will continue to incur physical and psychological pain and  
17 suffering, emotional distress, sorrow, anguish, stress, shock, and mental suffering. Plaintiff Gilda  
18 Hagan-Brown has required and will continue to require healthcare and services and has incurred,  
19 and will continue to incur medical and related expenses. Plaintiff Gilda Hagan-Brown has also  
20 suffered and will continue to suffer diminished capacity for the enjoyment of life, a diminished  
21 quality of life, aggravation of preexisting conditions and activation of latent conditions, and other  
22 losses and damages.

23 WHEREFORE, Plaintiff demands judgment against Lilly for compensatory, statutory and  
24 punitive damages, together with interest, costs of suit, and all such other relief as the Court deems  
25 appropriate pursuant to the common law and statutory law.

**PRAYER FOR RELIEF**

WHEREFORE, Plaintiff respectfully prays for judgment against Lilly as follows:

- a. Judgment in favor of Plaintiff and against Lilly, for all damages in such amounts as may be proven at trial;
- b. Compensation for economic and non-economic losses, including but not limited to, past and future medical expenses, medical monitoring, out-of-pocket expenses, past and future physical pain and mental anguish, past and future physical impairment, in such amounts as may be proven at trial;
- c. Past and future general damages, according to proof;
- d. Any future damages resulting from permanent injuries;
- e. Psychological trauma, including but not limited to mental anguish, mental distress, apprehension, anxiety, emotional injury, psychological injury, depression, and aggravation of any pre-existing and/or underlying emotional or mental diseases or conditions;
- f. Pain and suffering;
- g. Loss of enjoyment of life;
- h. Punitive and exemplary damages in an amount to be determined by trial;
- i. Attorneys' fees and costs;
- j. Treble damages;
- k. Prejudgment and post-judgment interest;
- l. Costs to bring this action; and
- m. Any such other and further relief as the Court may deem just and proper in law or in equity.

**DEMANDS FOR JURY TRIAL**

Plaintiff respectfully requests a jury trial of all issues presented in this Complaint.

Respectfully submitted,

DATED: November 25, 2014

**MILLER LEGAL LLC**

By: 

Peter A. Miller  
MILLER LEGAL LLC  
175 S. Pantops Drive, Third Floor  
Charlottesville, VA 22911  
Tel 434-529-6909  
Fax 888.830.1488  
[PMiller@MillerLegalLLC.com](mailto:PMiller@MillerLegalLLC.com)

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